
SUBJECT: HEALTH & PHYSICAL EDUCATION

ACADEMY: RESEARCH & DISCOVERY

STATUS: ELECTIVE SUBJECT

COURSE OVERVIEW: This course will provide an opportunity for students to experience the Year 11/12 subject Health and/or Physical Education. This course is recommended for students who are interested in learning about physical activity and the wider social attitudes and understandings of health.

COURSE STRUCTURE: Students will experience skill acquisition in specific sports – including psychology of learning physical skills, drills and game play. They will look at training, physical performances, sport for leisure, media, body/energy and physical activity. Students will also study elements of social health, issues of health, attitudes and choices (eg. Drug use). Students will look at individual, family, work, community and social health issues.

ASSESSMENT TECHNIQUES: Research assignments, oral presentations, stimulus responses, exams, research tasks, essays, physical/skill testing and non-written presentations.

POSSIBLE CAREER PATHWAYS/OPTIONS:

Further Study Opportunities

TAFE

- Certificate II in Health Services
- Certificate III in Sport – Athlete Support Services
- Diploma in Fitness, Recreation, Nursing

Universities

Degrees:

- Arts (Mental Health Studies)
- Science
- Applied Science
- Nursing
- Therapists
- Health Studies
- Dietician
- Exercise Science

SPECIAL REQUIREMENTS: Students need to be committed to physical involvement in this course of instruction. Practical fieldwork/excursions will incur additional costs.

